



John Fechter
National Outreach Manager
Hometown: Wyoming, MN

That's what I'm talking about

HAMILTON
relay

"This recipe has been in the family for years and each time when this is being cooked - it brings back memories of my childhood."

That's what I'm talking about



Ingredients:

2 pounds hamburger

1 envelope Lipton Onion Soup Mix

1 cup oatmeal

2 eggs

3/4 cup of water

1/3 cup of ketchup

John's Old Fashioned Meatloaf

Directions:

Preheat oven to 350 degrees. Combine all of the ingredients in a large bowl for preparation. Put the mix in a shallow pan or bread loaf pan. Bake for 1 hour.

When done, take the meat out of the pan and let it sit for 15 minutes to cool off. Slice and serve.

Enjoy!